



PE Vision

at

Western Downland CE (VA) Primary School

Intent, Implementation, Impact

Intent

Learning in Physical Education is underpinned by our school learning values, the statutory requirements of the National Curriculum/Early Years Foundation Stage and delivered through the school's Christian values of Love, Fellowship and Righteousness.

From our curriculum, pupils will become physically educated through experiencing a range of activity areas that:

- develop fellowship through communication and collaboration with an open mind-set to the various talents of every child and adult;
- build confidence to take part in physical activity;
- develop competence in a range of physical skills;
- encourage critical thinking and problem solving;
- foster a love and understanding of their body and how to treat it well both mentally and physically.

We aim to teach a diverse range of sports from various cultures to ensure our pupils have an understanding of diversity of physicality across the world. As an inclusive school, teachers are aware of their own pupils' needs and plan to accommodate so all pupils are able to access and thrive within our PE curriculum. Children in our school will be given the roots to grow and the wings to fly. We aspire to give children the knowledge, skills and understanding to enable them to be confident and safe in their physical ability now and into their future regardless of their need or ability.

Implementation

- PE at Western Downland is planned and delivered using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum.
- Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.
- The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through.
- Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.
- Children are invited to compete in competitive events throughout the year through our collaboration with New Forest Schools' Sports Partnership and Bursledon Secondary School. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being.
- Each year a group of Year 6 children are chosen to become Sport Ambassadors for the year. They are trained throughout the year in how to deliver and lead sporting events and will develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

- Children are given opportunities throughout the year to participate in workshops covering a variety of sports throughout the year. They also take part in adventurous activities in residential including caving, gorge-walking, abseiling and many more.
- One particular year group, usually year 3 or 4, is given an 8-week block of swimming at the beginning of the year. We can then repeat the block if necessary later on in the year for those children who have not met the standard required by the National Curriculum.

Impact

At Western Downland, we help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.